



Ελληνικά Φαγητά
Greek Foods

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PRODUCT SPECIFICATION

CUTTLEFISH WITH SPINACH

INGREDIENTS:	Spinach, Cuttlefish, Tomato Paste, Extra Virgin Olive Oil, Onions, Dill, Salt, Lemon Juice, Spices, Guar Gum. It may contain traces of lactose, egg and celery.
PACKAGING:	Pan 2.100 Kg, Single portion:400gr Pans are placed in cartons with dimensions 330X270X145. Each carton contains 2 pans. Each pallet contains 88 cartons, therefore 2x88= 176 pans. Boxes are placed in cartons with dimensions 410X315X130. Each carton contains 12 boxes. Each pallet contains 78 cartons, therefore 12X78=936 portions.
CODE:	PAN: 7916 SINGLE PORTION:7709
TRANSPORT CONDITIONS:	Car with freezer compartment -18 °C
LIFE TIME:	
Στους -18 °C	12 months from production date
INSTRUCTIONS	
In Convection Oven: Preheat oven to 200 °C. Place aluminum pan with lid closed, remove film from portion box and heat for 30-45 minutes.	
In Microwave Oven: Place portion box only at 800 Watt for 7-8 minutes, poking a hole in the packaging.	
DO NOT REFREEZE PRODUCT ONCE THAWED	